

7 Most Common Problems....

Students Face When
Preparing For The
USMLE Step 1

1. Memorizing the First Aid book without understanding the content
2. Not being able to recall the material
3. Not spending enough time to understand the Uworld explanations.
4. Prioritizing the percentage correct over learning the content
5. Skipping the questions that are less favorable
6. Not taking all the NBME's
7. Not reviewing 5-star topics right before the exam.

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	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Basic Path/Pharm	Immunology	Endocrinology	Pulmonology	GIT
8:30am-9:50am	Lecture	Lecture	Lecture	Lecture	Lecture
9:50am-10am	Break	Break	Break	Break	Break
10am-11:45am	Lecture	Lecture	Lecture	Lecture	Lecture
11:45am-12:15pm	Lunch	Lunch	Lunch	Lunch	Lunch
12:15pm-2pm	Lecture	Lecture	Lecture	Lecture	Lecture
2:15pm-3:30pm	Basic Microbiology	Pathology/Pharmacology Recall	Immunology Recall Session	Endocrinology Recall Session	Pulmonology Recall Session
3:45pm-6pm	Path/Pharm Question Session	Immunology Question Session	Endocrinology Question Session	Pulmonology Question Session	Gastrointestinal Question Session
Week 2	GIT	Cardiology Part 1	Cardiology Part 2	Hematology/Oncology 1	Hematology/Oncology 2
8:30am-9:50am	Lecture	Lecture	Lecture	Lecture	Lecture
9:50am-10:00am	Break	Break	Break	Break	Break
10:00am-11:45am	Lecture	Lecture	Lecture	Lecture	Lecture
11:45am-12:15pm	Lunch	Lunch	Lunch	Lunch	Lunch
12:15pm-2:00pm	Lecture	Lecture	Lecture	Lecture	Lecture
2:15pm-3:30pm	GIT Recall Session	GIT Recall Session	Cardiology Recall Session	Cardiology Recall Session	Hematology/Oncology Recall Session
3:45pm-6:00pm	GIT Question Session	Cardiology Question Session	Cardiology Question Session	Hematology/Oncology Question Session	Hematology/Oncology Question Session
Week 3	Renal/Reproductive 1	Renal/Reproductive 2	Biochemistry 1	Biochemistry 2	MSK
8:30am-9:50am	Lecture	Lecture	Lecture	Lecture	Lecture
9:50am-10:00am	Break	Break	Break	Break	Break
10:00am-11:45am	Lecture	Lecture	Lecture	Lecture	Lecture
11:45am-12:15pm	Lunch	Lunch	Lunch	Lunch	Lunch
12:15pm-2:00pm	Lecture	Lecture	Lecture	Lecture	Lecture
2:15pm-3:30pm	Hematology/Oncology Recall Session	Renal/Reproductive Recall Session	Renal/Reproductive Recall Session	Biochemistry Recall Session	Biochemistry Recall Session
3:45pm-6:00pm	Renal/Reproductive Question Session	Renal/Reproductive Question Session	Biochemistry Question Session	Biochemistry Question Session	MSK Question Session
Week 4	Neuroanatomy 1	Neuroanatomy 2	Psychiatry	Behavioral Science	Microbiology
8:30am-9:50am	Lecture	Lecture	Lecture	Lecture	Lecture
9:50am-10:00am	Break	Break	Break	Break	Break
10:00am-11:45am	Lecture	Lecture	Lecture	Lecture	Lecture
11:45am-12:15pm	Lunch	Lunch	Lunch	Lunch	Lunch
12:15pm-2:00pm	Lecture	Lecture	Lecture	Lecture	Lecture
2:15pm-3:30pm	MSK Recall Session	Neuroanatomy Recall Session	Neuroanatomy Recall Session	Psychiatry Recall Session	Behavioral Recall Session
3:45pm-6:00pm	Neuroanatomy Question Session	Neuroanatomy Question Session	Psychiatry Question Session	Behavioral Question Session	Microbiology Question Session

**Microbiology is integrated with each system throughout the 4 weeks for better understanding with the exception of the 1st and last session which covers Miscellaneous Microbiology

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